

Tattoo Removal Aftercare

What to Expect

- Tattooed areas will whiten and be raised immediately after treatment. This is expected and a normal reaction and will settle within about half an hour.
- Pinpoint bleeding may occur. This will be cleansed off after treatment.
- The tattooed area may blister. Do not break the blisters, keep them dressed.
- The tattoo ink will start to fade over subsequent weeks and months.
- The skin can have an “unclean”, scabby look which can last from 3-14 days.

Care of Treated Area

- We will put a dressing over the treated tattoo along with a healing cream on it.
- Apply Strata med and dress the area as recommended by your clinician. It is important that you follow the recommended routine to ensure best results.
- Do not pick or scratch the area. Treat with care.

Precautions

- Strict avoidance of sun on the area is essential.
- Wear 30+ sun block and protective clothing, regardless of the weather for 6+ weeks.
- Face and neck need sun block daily
- Do not scratch, pick or rub the area. Scratching or picking will have the same result as picking any scab or pimple and the area could infect or scar.
- Do not go in a spa/pool/sauna or anywhere that involves chlorine/chemicals or excessive heat for at least a week after treatment.
- Avoid the gym or excessive exercise for 48 hours or more after treatment.
- Avoid friction of the treated area, i.e. under arms, bikini, inner thigh.

What should I do after my Tattoo Removal treatment?

We advise patients to protect their wound as you would with any other minor burn for a few days.

- A dressing may help to protect the area and minimize further injury. Cold compresses and ‘over the counter’ pain relief (for example: Paracetamol) can be taken for minor discomfort during the first few days. You should discuss the suitability of pain relief with your Laser Practitioner at the time of the treatment.
- Most patients can resume work the same day. Showering and bathing are usually not restricted. Sun exposure to the treated area should be avoided.
- It is very important to follow our instructions carefully, especially regarding the use of any medications or specific wound care that we may recommend.
- The skin should normally heal over 7 to 12 days.

The first 24 hours:

- Apply a cold pack. Usually 5 minutes every 1-2 hours is sufficient.
- Rest! Avoid sun exposure and excess physical activity. Limit exercise, steam rooms, saunas or swimming.
- Elevate the treated area if swelling is present.
- Apply Strataderm ointment twice daily.
- Cover with a sterile non-stick dressing.

After 24 hours and until healed:

- It is important to continue your recommended Strataderm ointment application twice daily for 10 days.
- All activities may be resumed after 48 hours except swimming, steam rooms and saunas. These can recommence once the wound has fully healed. Reintroduction of activities should be delayed if you have any concerns about the health of the site that has been treated. Do not pop, scratch or pick any scabs or you may risk infection and scarring.
- Wear loose cotton and sun protective clothes.
- Avoid sun exposure and tanning beds during healing process. It is very important to avoid direct sun exposure for 6 weeks after treatment. A sunscreen with a high protective rating (SPF of at least 30) should be used to prevent sun damage to laser treated area.

If you experience any complications or delayed healing beyond 14 days, please contact us immediately.

RISS'
beauty + hair

If you have any questions or concerns, please don't hesitate to reach out to us!

Larissa and the team at Riss' Beauty Bar + Hair x