

# *Plasma Fibroblasting Preparation*

## **Our Recommendations**

- Do not wax, pluck, use depilatory creams or undertake electrolysis for 2 weeks prior to treatment, and in between treatments.
- Do not use prescription strength exfoliant creams (Retin-A and Alpha Hydroxy) for 2 weeks prior to treatment.
- Avoid tanning, including self-tanning lotions, tanning bed/booths or sun exposure, for 4 weeks prior to and in between treatments. A sunscreen with SPF 30 or greater should be used on any area of sun- exposed skin, which you plan to treat.
- Skin Types 1-3 and above will need to commence Melanin inhibitors 2 weeks prior.
- Skin Types 4 (lighter 5) will need to commence Melanin inhibitors 4 weeks prior.



If you have any questions or concerns, please don't hesitate to reach out to us!

See you soon!

Larissa and the team at Riss' Beauty Bar + Hair x