## Lip Tattoo Preparation

If you have any of the following conditions, you cannot get tattooed, or you may need to consult your doctor.

- Under the age of 18 years old
- Pregnant/Breastfeeding
- Rosacea
- Allergies to Lidocaine/Benzocaine
- Undergoing Chemotherapy
- Have an Autoimmune disorder or difficulty healing
- Diabetes
- Any heart conditions

## **Important Pre-Procedural Considerations:**

It is important that you refrain from using any skin/blood thinners (Vitamin A, Glycolic acids) on the lips area two weeks prior to your appointment.

- Do not consume any alcohol, fish oil, caffeine or take any blood thinners (Aspirin, Ibuprofen, Niacin) 48 hours before your procedure, this may cause excess bleeding and may affect your results.
- Do not consume antibiotics for 2 weeks prior
- We will not be able to tattoo over any blemishes, sores or moles in or around the lip area.
- Cosmetic Botox and fillers should be done two weeks prior or two weeks after your appointment.

NAUF

- You will not be able to receive a tattoo service if you are pregnant or planning on pregnancy.
- You will not be able to receive a tattoo service you if you are prone to keloid scarring.
- For clients with any history of cold sores/fever-blister/herpes (even if it was when you were a child), contact your physician and request a prescription for cold sore tablets or Valtrex. Take 1000mg/day for 2 days before the procedure, the day of the procedure and 2 days after the procedure or as directed and repeat on all visits. You can also take them as a precaution if you have never had cold sores before.
- VERY IMPORTANT: Please exfoliate your lips once daily, for 2 days before your appointment and apply a generous amount of Vasoline/pawpaw cream constantly to prevent cracked and dry lips. If you arrive at your appointment with dry/flaky lips you might have patchy lip colour when your lips heal.

If you have any questions or concerns, please don't hesitate to reach out to us!

See you soon!

Larissa and the team at Riss' Beauty Bar + Hair x