

# *LED Lamping Aftercare*

## **How to care for your skin after your appointment with us**

- After completion of your treatment it is normal for most patients to experience some degree of discomfort which can include redness, edema, and flaking or peeling of the skin. These symptoms may worsen within 24 hours following the activation period. After the series or one treatment, you can resume your normal activities immediately with absolutely no downtime or discomfort.
- It is important for patient to allow the skin to heal naturally and do not exfoliate or pick at the skin during this time as doing so can lead to infection and scarring.
- It is important that you commit to and follow the treatment protocol: Speak to your clinician about a brand of Skincare if you don't already have one, and absolutely use SPF 30 Sunscreen and avoid exposure to sunlight and excessive bright lights for 48 hours.
- For best results, a series of 6-8 treatments performed 2 times a week is recommended. Results improve progressively with each additional treatment. You can begin an additional series of Lightwave treatments immediately following your initial series.

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If you have any questions or concerns, please don't hesitate to reach out to us!

Larissa and the team at Riss' Beauty Bar + Hair x