

# *IPL Skin/Photo Rejuvenation Preparation*

*Pre-treatment preparation and post-treatment care are vital steps of your IPL Skin Correction treatments. In order to ensure a safe treatment and to get the best results, please follow all advice provided and reach out to your treatment provider if you have any questions. Failure to follow the below advice may increase the risk of undesirable effects.*

## **Treatment Preparation**

### **DAILY**

- A sunscreen with SPF 30 or greater should be applied to protect against UV damage, prevent sun burn and prevent compromised skin barrier function

### **4 WEEKS PRE-TREATMENT**

- Avoid the use of fake tan and gradual tanning creams in the area to be treated.
- Avoid tanning and incidental sun exposure including tanning bed/booths (including between treatments). The area needs to be covered and protected from the sun for a safe and effective treatment.
- Avoid Waxing, Plucking, Threading (or removing the hair from the follicle) using depilatory creams or undertaking electrolysis (including between treatments).
- Avoid filler injections in the treatment area.

### **2 WEEKS PRE-TREATMENT**

- Prepare the skin with suitable skincare. This will include a tyrosinase inhibitor for Fitzpatrick Skin Types III+ and any skin prone to post inflammatory hyperpigmentation (PIHP). Your treatment provider will advise you of your skincare recommendations.
- Avoid prescription strength exfoliant creams on the treatment area.
- Avoid antiwrinkle injections (Botox / Dysport) in the treatment area.

### **1 WEEK PRE-TREATMENT**

- Avoid benzyl peroxide application on the treatment area.
- If prone to cold sores, please speak to your pharmacist about a prophylactic course of antiviral medication.

### **3 DAYS PRE-TREATMENT**

- Avoid cosmeceutical Vitamin A, AHA's & BHA's, and Vitamin C application.

### **1 DAY PRE-TREATMENT**

- Please shave the treatment area thoroughly

## **During the Treatment**

- Mild to moderate heat and discomfort is expected. Some people equate the sensation to a "rubber band flicking" on the area. These sensations should always be tolerable.

## **Immediately After & Up to 5 Days Post Treatment**

- A mild sunburn-like sensation.
- Mild skin redness.
- Itchy or dry skin with a tight sensation.

### Abnormal Responses

- Extreme redness
- Extreme swelling
- Extreme heat
- Extreme sensitivity
- Blisters
- Bruising

If you experience any of these responses, please contact us immediately.

RISS' beauty + hair

If you have any questions or concerns, please don't hesitate to reach out to us!

See you soon!

Larissa and the team at Riss' Beauty Bar + Hair x