

IPL Skin/Photo Rejuvenation Aftercare

Treatment Aftercare

Daily:

1. A sunscreen with SPF 30 or greater should be applied
2. Avoid sun exposure to treated areas

For the first 24-72 hours post treatment (or until redness and swelling subsides):

1. Apply a chilled aloe vera gel or post laser gel up to 3 times daily.
2. Avoid exercise, and activities that increase perspiration and body temperature. Avoid the use of pools, spas, and saunas.
3. Avoid extremely hot showers and baths.
4. Avoid deodorant application in the treatment area.

Up to 5 days post treatment:

1. Avoid use of scented lotions or soaps.
2. Avoid the use of cosmeceutical Vitamin A, AHA's, BHA's and Vitamin C.

Up to 1 - 4 weeks post treatment:

1. Avoid the use of prescription strength exfoliant creams (prescriptive vitamin A).
2. Avoid antiwrinkle injections and filler injections in the treatment area.
3. After 2 weeks, start gently exfoliating the treatment area. This may include a loofah, mitts, AHA & BHA based lotions or Retinol. Using these products earlier will aggravate the skin and cause inflammation to the skin during the healing phase.

Important

Contact Riss' Beauty + Hair if you notice any unusual reactions including blisters, crusts or open areas. Allow these to heal spontaneously. If healing is delayed, a thin coating of antibiotic ointment may be advised.

Throughout your treatment course, it is important to advise your treatment provider of any of the following as these will influence treatment safety and efficacy:

- Sun exposure or fake tan application on the treatment area within the past 4 weeks
- Any new health conditions, or if you have been unwell
- Commencing any new medication (including short term doses)
- Changes to current medications or supplements
- If you are trying to become, or became pregnant

If you have any questions or concerns, please don't hesitate to reach out to us!

Larissa and the team at Riss's Beauty Bar + Hair x