

IPL Preparation

How to prepare for your appointment with us

- Do not wax, pluck, use depilatory creams or undertake electrolysis for 2 weeks prior to treatment, and in between treatments.
- Do not use prescription strength exfoliant creams (Retin-A and Alpha Hydroxy) for 2 weeks prior to treatment.
- Please shave the night before your IPL Treatment.
- Avoid tanning, including self-tanning lotions, tanning bed/booths or sun exposure, for 4 weeks prior to and in between treatments. A sunscreen with SPF 30+ or greater should be used on any area of sun-exposed skin which you plan to treat.
- For Bikini/Brazilian treatments, please wear appropriate, soft, cotton underwear to avoid irritation of the skin.



If you have any questions or concerns, please don't hesitate to reach out to us!

See you soon!

Larissa and the team at Riss' Beauty Bar + Hair x