

Hydro/Micro-Dermabrasion Aftercare

Post Treatment Recommendations:

- Avoid sun exposure to treated areas. Apply a sun block with SPF 30+ or greater daily to sun-exposed, treated areas between treatments and for 4-5 days after your treatment.
- Bathe or shower as usual. Treated areas may be temperature sensitive. Avoid the use of strongly scented lotions or soaps, prescription strength exfoliant creams, loofah sponges, and aggressive scrubbing to treated areas during the healing phase.
- Best results are obtained on clients who have follow up treatments after their series. Your clinician will advise you when you should schedule your next appointment. It is important to adhere to this regime.
- Keep the new skin clean and moisturized
- Anti-inflammatory creams or cold compresses may be used as necessary
- Trauma such as scratching or picking the treated area should be avoided.
- It is important to avoid irritating the treated skin with harsh chemicals, rubbing or tanning for one week.
- Although some peeling may occur in the treated areas, moisturizer should help minimize this effect.
- Do not use glycolic, alpha hydroxy, beta hydroxy, retinol, benzyl peroxide or topical acne medications for 24-48 hours following treatment.
- You may resume prescription retinoid products (Retin A, Renova, Tretinoin, Avita, Alustra or other brands f Tretinoin and other prescription retinoid products (Adapalene, Avage, Differin, Tazorac, Tazarotene) 3 - 7 days after last microdermabrasion treatment or as instructed by your technician.
- Until redness has completely resolved, avoid all the following:
 - Applying cosmetics on treated areas
 - Swimming, especially in pools with chemical/chlorine
 - Hot tubs and jacuzzis
 - Activities that cause excessive perspiration
 - Avoid sun exposure to treated areas
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If you have any questions or concerns, please don't hesitate to reach out to us!

Larissa and the team at Riss' Beauty Bar + Hair x