# Carbon Laser Treatment Aftercare

#### **Treatment Aftercare**

#### Daily:

- 1. A sunscreen with SPF 30 or greater should be applied
- 2. Avoid sun exposure to treated areas

#### For the first 24-72 hours post treatment (or until redness subsides):

- 1. A gentle skincare routine will be recommended during this time.
- 2. Avoid exercise, and activities that increase perspiration and body temperature. Avoid the use of pools, spas, and saunas.
- 3. Avoid hot showers and baths.
- 4. Avoid makeup application.

#### Up to 5 days post treatment:

- 1. Avoid use of scented lotions or soaps.
- 2. Avoid the use of cosmeceutical Vitamin A, AHA's, BHA's and Vitamin C.

# Up to 1 week post treatment:

- 1. Avoid the use of prescription strength exfoliant creams (prescriptive vitamin A).
- 2. Avoid antiwrinkle injections and filler injections in the treatment area

# Up to 2 weeks post treatment:

1. Continue to avoid sun exposure

2. Avoid picking or peeling the skin.

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### **Important**

Contact Riss' Beauty + Hair if you notice any unusual reactions. We will advise you when you should schedule your next appointment. It is important to adhere to this regime for best results.

Throughout your treatment course, it is important to advise your treatment provider of any of the following as these will influence treatment safety and efficacy:

- Sun exposure or fake tan application on the treatment area within the past 4 weeks
- Any new health conditions, or if you have been unwell
- Commencing any new medication (including short term doses)
- Changes to current medications or supplements
- If you are trying to become, or become pregnant

If you have any questions or concerns, please don't hesitate to reach out to us!

Larissa and the team at Riss' Beauty Bar + Hair x